

HOW TO OPEN AND CLOSE A DOOR

MATERIAL: Classroom door (preferably one which is heavily used such as the restroom door).

PRIOR KNOWLEDGE: How to Walk, How to Use a Quiet Voice, Opening and Closing Boxes/ Bottles

PRESENTATION:

- Walk with child to the (closed) door.
- With dominant hand, grasp the doorknob and slowly rotate to the left. Gently open door and walk through with child.
- Turn around (now on the other side) and reach for doorknob with dominant hand. Slowly close the door, turning knob so as not to make a sound.
- Invite child to open and close the door, walking back through the door with him/ her.

CONTROL OF ERROR: Door opening and closing properly; Sound

POINTS OF INTEREST: Sound of doorknob opening and closing; Walking through the door to the other side

DIRECT AIM: TO PROPERLY OPEN AND CLOSE A DOOR WITHOUT DISTURBING OTHERS; ENCOURAGES SAFETY

INDIRECT AIM: FINE AND GROSS MOTOR DEVELOPMENT, AWARENESS OF OTHERS

LANGUAGE: Open, close, turn

EXTENSIONS AND VARIATIONS: Practice with varying doors and types of doorknobs; How to hold a door open for another person

AGE: 3-6 years